



21-Day 'Kick Into Action' Teleseries

Please Print This Worksheet And Have It With You During The Call

www.21DaysofAction.com

Day 13 – Certainty of Mind

Notes:

Checking in with your goal

Remember to rewrite your goal today:

I am so happy and grateful

Daily Action

Write down your **Daily 7 Practical Action Steps™** for today:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

The difference between failure and success is only a _____ in your mind from being _____ to going all in one _____.

To Quantum Leap the results in your life you have to increase the level of _____ and _____ in your mind many times –

Do this by totally _____ your whole mind around the successful _____ of your goal, see the _____



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_____. You must _____ it, _____ it, _____ it with such
_____ that it wakes up the power within!

Notes:

Successful people take control of their own minds, _____ onto
the goals that they want while _____ out all else, the result is
_____.

Never invest your _____ in what you don't
want, only in what you do.

"_____ are those frightful things you see when you
take your eyes off your _____"- Henry Ford

"It's always the _____ that fails first, not the _____"- Arnold

You must learn to keep your _____ on the _____ to the
_____ of what's going on around you.

Homeplay

1. Remember to go into the Theatre of Your Mind and update and rehearse your Mental Movie.
2. Do your **Daily 7 Practical Action Steps™** today.
3. Practise the Black Dot exercise throughout the day.