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Day 12 – Modeling the Masters

Notes:

Checking in with your goal	
Remember to rewrite your goal today:	
I am so happy and grateful	
Daily Action	
Write down your Daily 7 Practical Action StepsTM for today:	
1.	
2	
3	
4	
5	
6	
List Richard Branson's Mindset secrets:	



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eliefs	
alues	
Character Traits	



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Beliefs	Notes
Values	
Character Traits	
Homeplay	
1. Choose one person who is a role model for you.	
What allows them to produce the results they're getting in terms of values, beliefs & character traits?	
Beliefs	



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	Notes:
Values	-
	- - - -
Character Traits	-
	- - -
2. Remember to go into the Theatre of Your Mind and update and rehearse your Mental Movie.	-
3. Do your Daily 7 Practical Action Steps™ today.	

4. Practise the Black Dot exercise throughout the day.