



21-Day 'Kick Into Action' Teleseries

Please Print This Worksheet And Have It With You During The Call

www.21DaysofAction.com

Day 4 – Taking Action

Notes:

Checking in with your goal

Remember to rewrite your goal today:

I am so happy and grateful

Taking Action

The difference that makes the difference is the _____ to following your dreams, and then taking the necessary _____.

The average person suffers from _____.

You have to take _____, _____, _____ every single day.

Exercise: Your Daily 7 Practical Action Steps™

Step 1: Write down the seven most important action steps you need to take to achieve your objectives today, listed in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____



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Notes:

Step 2: Perform each action item on this list, **IN ORDER**. If you do not complete this list today, roll the items you did not complete over to the top of tomorrow's list.

Do this every single day.

Homeplay

1. Remember to go into the Theatre of Your Mind and rehearse your Mental Movie.